

## ***Fitness Center Rules & Regulations***

The following Rules and Regulations govern the use of the 2500 Lakeview Fitness Center. All users of the room are required to abide by the following. Violators are subject to suspension of facility privileges by vote of the Board of Directors. Residents should report any problems to the Management Office.

**~ Please practice common sense safety, courtesy and hygiene. ~  
Keep a towel around your neck to manage your perspiration.  
Be considerate of other users.**

1. The Fitness Center is for the exclusive use of Residents of 2500 Lakeview and their guests for the sole purpose of exercise.
2. As per the Condo Association by-laws, users assume all risks associated with the use of this room and any equipment therein.
3. Hours: The Fitness Center is open 24 hours a day every day.
4. Proper Attire: A minimum of Shirt, Shorts, and Athletic Shoes must be worn at all times.
5. No person under the age of 16 is allowed to use the Fitness Center.
6. No pets are allowed in the Fitness Center.
7. No smoking or food is allowed in the Fitness Center.
8. Personal water containers are allowed. No soft drinks or other beverages are allowed.
9. No street shoes (black soles) are allowed.
10. All Audio equipment must be used with personal headphones.
11. No personal equipment or free weights may be brought into the room. All equipment in this room must remain in this room at all times.
12. Users of the exercise equipment are expected to provide their own towels and wipe off the equipment after use. Please be considerate of other users.
13. The red and black mats are provided for stretching and floor exercise. Please do not walk on these mats with your shoes on.  
The red/black panel side should be uppermost.
14. Do not drop free weights or machine weight stacks.

15. Equipment time limits: The use of machines shall be limited to 20 minutes when other users are waiting. A sign-up sheet is provided.
16. The Fitness Center cannot be used in conjunction with any other function in the Hospitality Room.
17. Users shall be responsible for any damage they cause to the Fitness Room or to any equipment therein.